

God's Mirror
Lesson 1 – Outline
February 12, 2025

I. We are three-part beings: spirit, soul, and body.

“And the very God of peace sanctify you wholly; and I pray God your whole spirit and soul and body be preserved blameless unto the coming of our Lord Jesus Christ” (1 Thess. 5:23, emphasis mine).

A. Spirit – Our innermost part.

B. Soul – Our mental, emotional part. Includes the mind, will, emotions, and conscience. Often called “personality.”

C. Body – Our physical part.

II. You can feel both your body and your soul, but your spirit cannot be accessed in any natural way.

“That which is born of the flesh is flesh; and that which is born of the Spirit is spirit” (John 3:6).

A. No direct connection between spirit and flesh (flesh = soul and body).

B. Can't contact your spirit through your emotions or physical body.

C. Understanding spirit, soul, and body unlocks the spirit realm so you can experience who you are and what you have in Christ.

III. God's Word is the only accurate way to perceive the spirit realm.

“It is the spirit that quickeneth; the flesh profiteth nothing: the words that I speak unto you, they are spirit, and they are life” (John 6:63).

A. God's Word is spirit and life.

B. God's Word reveals spiritual reality.

IV. God's Word is a spiritual mirror.

“For if any be a hearer of the word, and not a doer, he is like unto a man beholding his natural face in a glass: For he beholdeth himself, and goeth his way, and straightway forgetteth what manner of man he was. But whoso looketh into the perfect law of liberty [God's Word—specifically the New Testament], and continueth therein, he being not a forgetful hearer, but a doer of the work, this man shall be blessed in his deed” (James 1:23-25, brackets mine).

A. God's Word perfectly reflects who you are in the spirit.

B. Trust the spiritual reality you see in the Word.

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Lesson 1 – Discipleship Questions

1. According to Thessalonians 5:23. Who does the sanctifying?
2. Who is being sanctified?
3. What part(s) is/are being sanctified?
4. In what way will you be preserved?
5. Until when will you be preserved?
6. According to John 3:6, “That which is born of the flesh is _____; and that which is born of the Spirit is _____.”
7. Is there any direct connection between the two?
8. Read Ephesians 1:18-20. What needs to be enlightened?
9. For what purpose? That you may know: A. B. C.
10. Where are the riches of the glory of His inheritance?
11. Who is a “saint”?
12. The exceeding greatness of His power is toward _____
_____.
13. What mighty power is this? (Verse 20)
14. Read 2 Corinthians 5:17. If someone is “in Christ,” they are a _____
_____.
15. What is true of a “new creature”?
16. God reconciled us to Himself by what or whom?
17. Who was speaking in John 14:12?

18. What two things did He promise us?
19. Who will accomplish these things?
20. Why will they be able to do these things?
21. Read John 6:63. What does the spirit do?
22. What does the flesh do?
23. What are spirit and life?
24. James 1:23-25 compares God's Word to a _____.
25. What happens to the person who looks into God's Word, continuing in it, not forgetting what they've heard, but doing it?